New York City RARC Recovery Meetings & Recovery Resources The Bronx, Brooklyn, Manhattan, Queens, & Staten Island

12-Step Meeting Guide Pages 1-5

Alcoholics Anonymous Additional Resources Page 5

Narcotics Anonymous Additional Resources Pages 5-6

> Faith Based Meeting Guide Page 6

Secular Meeting Guide Pages 6-7

Family Meeting Guide After Substance Use Passing Pages 7-8

> LGBTQ Meeting Guide Page 8

LGBTQ Recovery Resources Page 8-9

Recovery Support Networks Page 9-12

Free Mindfulness & Recovery Apps Page 12

12-STEP MEETING GUIDE

Adult Children of Alcoholics (ACOA) https://adultchildren.org/meeting-search/

Agnostic Alcoholics Anonymous

https://www.agnosticaanyc.org/meetings.html

Al-Anon Family Member Groups 212-941-0094

https://www.nyc.alanon.org/meetings.html

Alateen

https://al-alon.org/newcomers/teen-corner/alateen/

Alcoholics Anonymous (AA) 212-647-1680

Bronx & Upper Manhattan Alcoholics Anonymous <u>https://www.aaenybxumorg</u>

> Brooklyn Alcoholics Anonymous https://brooklynaa.org

Manhattan Alcoholics Anonymous 212-674-1680 <u>https://nycaa.org</u>

Queens Alcoholics Anonymous 718-520-5024 https://www.queensaa/meeting-list/

Staten Island Alcoholics Anonymous https://statenislandaa.org

> Cocaine Anonymous (CA) https://www.canewyork.org https://www.ca-online.org

Co-Dependents Anonymous (CODA) <u>nycoda@gmail.com</u> https://www.nycoda.org/meetings

Crystal Meth Anonymous (CMA) <u>https://nycma.org</u> <u>https://www.crystalmeth.org/online-cma-meetings/</u>

Debtors Anonymous

https://debtorsanonymous.org

Drug Addicts Anonymous

https://dusa.org/phone-meetings/

Families Anonymous https://www.familiesanonymous.org

Gam-Anon

https://www.gam-anon.org/component/mtree/new-york/manhattan

Gamblers Anonymous (GA) 718-352-1671 https://newyorkga.org

Internet Addicts Anonymous

https://internetaddictsanonymous.org/phone-online-meetings/

Marijuana Anonymous <u>https://ma-online.org</u> <u>https://ma-phone.org</u>

https://www.marijuana-anonymous.org/find-a-meeting

Nar-Anon Family Groups

718-967-2608 https://www.nar-anon.org/find-a-meeting https://www.nar-anon.org/virtual-meetings

Narateen Anonymous https://nar-anon.org/narateen

Narcotics Anonymous

(NA) 24/7 Hotline: 212-929-NANA (6262) Office Phone: 212-929-7117 <u>https://newyorkna.org/meetings</u> <u>https://virtual-na.org</u>

Bronx Narcotics Anonymous https://bxasna.org

Brooklyn Narcotics Anonymous <u>https://bklnna.org</u>

Manhattan Narcotics Anonymous https://nycna.org

Western Queens Narcotics Anonymous https://westernqueensna.org

Staten Island Narcotics Anonymous https://na-si.org

Nicotine Anonymous (NICA) <u>https://www.nymainica.org/take-action</u> <u>https://nicotine-anonymous.org/video-conference-meetings</u>

Obsessive Compulsive Anonymous

https://www.obsessivecompulsiveanonymous.org

Overeaters Anonymous (OA) https://oanyc.org

> **Pills Anonymous** 718-755-0903

Page 5 https://www.pillsanonymous.org/meetings/find-a-virtual-meeting/

> Secular Alcoholics Anonymous 347-815-4722 <u>info@nysaa.org</u> <u>https://nycsaa.org</u>

Sex & Love Addicts Anonymous https://www.slaany.org/meeting-list

Sexual Compulsives Anonymous 212-439-1123 https://www.scany.org/meetings

Young People in Alcoholics Anonymous https://www.nycypaa.org/meetings

ALCOHOLICS ANONYMOUS ADDITIONAL RESOURCES

Alcoholics Anonymous Big Book - 1st Edition pdf. https://12stepme.org/wp-content/uploads/2020/11/Big-Book-1st-edition.pdf

> Alcoholics Anonymous Big Book - 2nd Edition pdf. https://12step.org/docs/BigBook.pdf

> Alcoholics Anonymous Big Book - 4th Edition pdf. https://www.aa.org/pages/en_us/alcoholics-anonymous

Daily Reflections pdf. https://www.aa.org/pages/en_US/daily-reflections

Twelve Steps & Twelve Traditions pdf. https://www.aa.org/pages/en_US/twelve-steps-and-twelve-traditions

NARCOTICS ANONYMOUS ADDITIONAL RESOURCES

Page 5

Just for Today pdf.

https://www.jftna.org/jft/

Narcotics Anonymous Basic Text pdf. https://www.recoverydaily.com/basic.htm

Narcotics Anonymous Step Working Guide <u>https://gssans.org</u>

FAITH-BASED MEETING GUIDE

Celebrate Recovery Christ-Centered 12-Step Recovery Program https://www.celebraterecovery.com

Our Jewish Recovery https://www.ourjewishrecovery.com

Recovery Dharma New York City Buddhist Practices & Principles <u>https://recoverydharmanyc.org</u>

> T'Shuvah Center https://tshuvahcenter.org

SECULAR MEETINGS & RECOVERY GUIDE

Faces & Voices of Recovery https://facesandvoicesofrecovery.org

Fountain House

New York City Peer Organization Virtual Clubhouse Links to Virtual *Living Rooms* & Community Focused Virtual Arena <u>https://virtual.fountainhouse.org</u>

Life Ring Secular Recovery

https://www.liferingny.org

Moderation Management

(MM)

www.moderation.org/moderate-drinking-support-overview/support-meetings/

Secular Organization for Society (SOS) <u>www.sos-nyc.org</u>

SMART Recovery (Self-Management & Recovery Training) 212-631-1198 <u>https://smartrecoverynyc.org</u> <u>https://smartrecovery.org/community/calendar.pdf</u>

> Women for Sobriety (WFS) https://womenforsobriety.org

FAMILY MEETING GUIDE AFTER SUBSTANCE USE PASSING

Grief Recovery After Substance Use Passing (GRASP)

New York City GRASP Chapter https://grasphelp.org/new-york-city-chapter/

North Brooklyn GRASP Chapter https://grasphelp.org/north-brooklyn-chapter/

Staten Island GRASP Chapter https://grasphelp.org/staten-island-chapter/

The G.R.O.W.T.H. Group

(Grieve Redefine Our lives for Wellness & Together we Honor our children) Support Group for Parents who have Lost Children to the Disease of Addiction BIGVISIONCOMMUNITY.com

Page 8 eve@bigvisionnyc.com

LGBTQ MEETING GUIDE

Big Apple Roundup

LGBTQ Alcoholics Anonymous Meetings in New York City <u>https://bigappleroundup.org/welcome/aa-meetings/</u>

> Crystal Meth Anonymous 212-642-5029 https://www.nycma.org

Gay & Sober Meeting Finder Alcoholics Anonymous, Al-Anon, Cocaine Anonynous, Crystal Meth Anonynous & Narcotics Anonymous in New York City <u>https://www.gayandsober.org/</u>

East Village Group

Alcoholics Anonymous Group for the LGBTQ Community in New York City Zoom Meeting-for password request email <u>eastvillagegroup@gmail.com</u> <u>https://eastvillagegroup/com/meeting-1</u>

> New York City LGBT Alcoholics Anonymous Meetings <u>https://www.royy.com</u>

> > New York City Queer & Sober https://nycqueerandsober.org

New York City Young People in AA https://www.nycypaa.org

The Lesbian, Gay, Bisexual & Transgender Community Center www.gaycenter.org/groups/12Step

LGBTQ RECOVERY RESOURCES

Boom! Health! 226 East 144th Street. Bronx, NY 10451 718-295-5605 https://www.boomhealth.org

Brooklyn Community Pride Center

1360 Fulton Street. Brooklyn, NY 11216 (Enter New York Avenue. Herkimer Street) 347-889-7719 <u>https://lgbtbrooklyn.org</u>

Harlem Pride

42 Macombs Place, New York, NY 10039 347-846-0362 <u>https://harlempride.org</u>

Lesbian, Gay, Bisexual & Transgender Community Center 208 West 12th Street, New York, NY 10011 212-620-7310 <u>https://gaycenter.org</u>

> Pride Center of Staten Island 25 Victory Boulevard, Staten Island, NY 10301 718-808-1360 <u>https://www.pridecentersi.org</u>

> > Queens Pride House

76-11 37th Avenue, Jackson Heights, NY 11372 718-429-5309 https://www.queenspridehouse.org/wordpress/

> Trans Lifeline https://translifeline.org

T'Shuvah Center https://tshuvahcenter.org/contact

RECOVERY SUPPORT NETWORKS

Association of Recovery in Higher Education

Collegiate Recovery Programs & Communities

https://collegiaterecovery.org

BIGVISION COMMUNITY

309 East 49th Street, New York, NY 10017 646-885-6720 <u>https://www.bigvision.nyc/</u>

Children's Aid Society NYC https://www.childrensaidnyc.org/programs

Christopher's Reason

Recovery Community Center 24/7 Open Access Center 4521 Arthur Kill Road, Staten Island, NY 10309 718-605-1989 <u>https://christophersreason.org</u>

Community Health Action of Staten Island Recovery Center 26 Bay Street, Staten Island, NY 10301 718-808-1450 <u>https://chasiny.org</u>

Judith Loeb Chiara Recovery & Wellness Center

Exponents, Inc. Bronx, Brooklyn & New York City Office: 212-222-3470

Mosholo Montefiore Community Center 3450 Dekalb Avenue, Bronx, NY 10467 718-882-4000 x350 https://www.mmcc.org

New York Therapeutic Communities, Inc. Centers of Treatment Innovation (COTI's)

Page 11 718-764-7689 <u>https://staynout.org</u>

Odyssey House Recovery Center & PARC

OH ROCS' 2038 Davidson Avenue, Bronx, NY 19453 866-888-7880 <u>https://odysseyhousenyc.org/</u>

Odyssey House Family Support Navigator

953 Southern Blvd., Suite 301, Bronx, NY 10459 718-860-2994 https://odysseyhousenyc.org/recovery-program-services/family-support-navigator/

Phoenix House New York

Brooklyn Community Recovery Center 20 New York Avenue, Brooklyn, NY 11216 https://phoenixhouseny.org

Pillars New York City Wellness Center

289 St. Nicholas Avenue, New York, NY 10027 212-222-3470 https://www.pillarsnyc.org

Samaritan Daytop Village, Inc.

Peer Alliance Recovery Center (PARC) 147-32 Jamaica Avenue, Jamaica, NY 11435 718-206-1990 <u>https://samaritanvillage.org/PARC</u>

The LGBT Center Youth Clubhouse https://gaycenter.org

The Nest

The Fortune Society 29-76 Northern Blvd, Long Island City, NY 11101 212-691-7554

Page 12 https://fortunesociety.org

The Phoenix NYC A supportive, sober active community <u>https://thephoenix.org</u>

VetChange

Confidential free online support to assist veterans in reducing and/or stopping drinking and managing post-traumatic stress disorder
<u>https://vetchange.org/home/index2</u>

VIP Community Services

24-hours/day. 365/days/year

24/7 Open Access Center

770 East 176th Street, Bronx, NY 10410 Office: 718-583-5150 <u>https://www.vipservices.org</u> 365 days/year 8:00am-5:00pm

24/7 Open Access Center 716 Fairmont Place, Bronx, NY 10457 Office: 718-731-3500 https://www.vipservices.org

FREE MINDFULNESS & RECOVERY APPS (*Basic level-not premium level)

AA Big Book & More App Al-Anon Speaker Tapes App Being Mindful App Healthy Mind App In the Rooms App Insight Timer App Joe & Charlie App Smiling Mind App Sober Grid App